Principal’s Report

We are now moving into the last weeks of students studying their HSC, with exams starting early in Term 4 and the Preliminary Course, with exams in the final 2 weeks of this term. HSC students need to remain focused for the final run to the finishing tape and do everything they can to maximise their results. Attend school, go to classes because that is where the best revision will occur. Teachers know what to expect in exams and can often predict the types of questions that will be asked. Follow that up with an organised study plan at home (minus Facebook or any other social media – you think you can do both but the research suggests otherwise). Make sure you get some balance in your life and good sleep. Do not stop your life completely, balance is the key. Go outside, breathe deep, and get that oxygen to your brain. It is difficult sometimes with others turning 18 to stop socialising, however moderation is the best approach if you place your HSC results as a priority. Best of luck to all of our Year 12 students in the lead up and for the actual exams.

Congratulations to:

- Our HSC Art students who produced amazing pieces for their major works and to their teacher Mrs Jan (supported by Mr Jan) for the hard work put in to support the students. An exhibition of these and other Art works will be held next term to showcase the talent from Swansea High.
- Our HSC Drama students who performed magnificently in their trial HSC performance night with support from their teacher Mrs Enks ably supported by Mr Dambrough, Mrs Bates, Mrs Nenad and Mrs McDawilt.
- The Yr 7/8 Night of Notables representatives who presented themselves admirably and certainly looked and sounded the part. Students had to choose an eminent person, research their impact on society and explain why they should be considered eminent. We had Kayla McSpadden as Freddie Mercury, Tyler Hunter as Nikola Tesla, Sara Cummings as Marie Curie, Jade Reynolds as Leonard Da Vinci, and Tennille Ballard as Noni Hazelwood. Fantastic night and great effort.
- Our Year 10 Debaters, Jordan Petty, Shay Perry, Thom Miller, Sukita Sawamichai and Zac Graham who made the Quarter Finals of the Hunter Debating Competition. A job well done!
- The SRC, ably led by Jess Graham and Peter Wilson, for organising a fund raising project across the LMG to buy a well in an underdeveloped country through UNICEF. Peter & Jess met with each partner school Principal and garnered support for the project. At Swansea High the SRC held fun water activities, a concert and a BBQ and raised over $400. Great effort!
- To Georgia McConville who has been travelling through Europe with the Australian Junior Water Polo team playing tests against a number of countries. The team only suffered one loss to Hungary (a world strength in Water Polo). Well Done Georgia and the team!
- To our Yr 9 volunteers who continue to receive positive reviews from the facilities they attend. The program was such a success that it will be repeated in Term 4 due to demand from both sides. Thanks to Miss Thompson for her organisation.
- To our Yr 7 readers who attended their old primary schools to read to the Kinders and Year 1’s. The modelling that occurred as a result was fantastic and all had a great experience. So much so, that it may well become a more common event.
- Savannah Pilgrim who has been awarded a scholarship to Japan to immerse herself in the language and culture to assist in her studies of Japanese for the HSC. Well done – a deserving recipient.
- Darcy Keenan, who is representing NSW in an Cross Country Running trip to the USA.

Also a final BIG congratulations to the large number of students now accumulating Bronze, Silver and Gold Awards as a result of receiving Commendations from their teachers. To gain a Bronze, students need to be awarded 4 Commendations, Silver – six and Gold – eight. Only two commendations are awarded by each teacher each week and are awarded for consistently high performance levels or a specific outstanding effort or piece of work. We are now seeing such a large number of students accessing the recognition we are considering placing a further layer in the Awards – what a great position to be in! This just reflects the number of students who, on a daily basis, do the best they can at Swansea High.

Robyn Leggatt
Relieving Principal

P&C News

At our AGM held on the 6th August we had a new committee elected. Congratulations to our new President Jo Morrison, Vice President Kerrie Williams and to our returning Treasurer Jo Booth and Secretary Nicole Rowe.
Deputy Principal

Head Lice
Head lice have made an appearance yet again. Please check your child’s hair and if head lice are present use a Head Lice removal shampoo available at the Chemist. Ordinary shampoo will not work. It is a myth that you can use conditioner to remove the eggs and that this will stop the cycle. Students should not return to school until there is no evidence of eggs or lice in their hair.

The last round of immunisation that is on the 6th September. Below is some information regarding the availability of free HPV immunization if you missed out this year.

In 2012, the Australian Government announced that human papillomavirus (HPV) vaccine would be provided free to male students in high schools from 2013.

- From 2013, males in Year 7 in all NSW high schools will be offered HPV vaccine annually.
- In addition, males in Year 9 will be offered the vaccine as part of the national ‘catch up’ program in 2013 and 2014.
- Males who are 14-15 years of age in 2013 and who are in Year 10 can receive free HPV vaccine at their GP during 2013 only:
  - it is important when making the GP appointment that the receptionist is informed of the reason for the visit and that sufficient time is allowed for the vaccine to be ordered and delivered to the GP.
  - HPV vaccination will continue to be offered annually to female students in Year 7 only.
  - The Australian Government has developed information for parents, students and health professionals about HPV vaccination.

Link: http://www.health

Dangerous games
Any ball game that includes “branding”, that is throwing a ball at force to intentionally hit another person is not acceptable at Swansea High School. This game could cause serious injury if a student is hit in the head and particularly in the eye. Students have been informed on a number of occasions that this type of game is banned. The other sport that is also of concern is tackle footy, which is also banned during recess and lunch. Tackle footy that is not strictly supervised as in competition and team circumstances is not allowed at school. Tip footy is to be played in its place during recent and lunch.

Are your details up to date?
If you have changed phone numbers, email addresses, or home address, please let the office know. If you are unsure whether we have the correct details, please call the front office on 49711944 to check.

Contacting your child during the school day.
Please do not send your child an SMS, or phone them directly as this interrupts the classroom learning environment. If a message needs to be passed on urgently, please phone the front office who will relay this message, or will send for your child to attend the front office and phone you there. A school bell timetable is printed on page 9 to assist you with making calls that are outside of class time.

Students leaving without notifying staff.
If you want your child to come home please do not encourage them to meet you outside the school. Students are then considered as truants. It is also important that in the event of an emergency evacuation or lockdown that we know who is on site. The correct procedure is to ring the front office and give your permission for the student to leave the school. They will send for the student and give them an early leaver’s pass to go home. It is always preferable that you come to the school to sign your child out in person. No individual other than those listed on student records are able to give permission for students to be released from school.

Uniform
Swansea High School is a uniform school. It is particularly concerning when some of the Senior Students of our school decide that they will continually not wear uniform on a daily basis. One student said to me at a recent detention “What is the point, I have only five weeks to go?” The point is that Senior Students and Year 10 Students set the example. They are looked up to by the junior students and play a big role in setting the tone of the school. School uniform also influences the opinion of the community about our school. Swansea High is an excellent School with high standards and we need to represent this by being in uniform.

After School Detention
After school detention has been introduced this term for students who are consistently disobedient or for serious breaches of the school discipline policy such as leaving the school site without permission. This detention is supervised by staff on a roster basis. It occurs on Wednesday afternoons from 2pm to 3pm. Students are usually given work booklets during this period but may also be asked to perform some school service in the school grounds. Parents will be informed by phone prior to an after school detention.

Year 12 Final Weeks
This is a time where it is easy to lose the plot or panic. Two years of intensive study can sometimes take its toll. Remember to have a study/life balance and talk about your feelings with your parents and friends. Set a space just for you that you are comfortable in and able to study without interruptions. Take advantage of any extra study days your teachers may provide. Most importantly of all remember that this is probably the only time in your life where you have to study so much all at once and that there is life after HSC no matter what your results. Good luck to all of Year 12 in their HSC Examinations and in their future endeavors throughout the coming years.  

Guli Skamperle
Deputy Principal

Text Messages
Parents when responding to your child’s absences via our text messaging service could you please state your child’s first name and surname as well as the year they are currently in and the dates they are away as this helps the administration staff with correctly identifying your child and days away.
English /Drama

Year 12 are on their final stretch. The Trail Examinations are over, as are the last assessment tasks. It is important for all students to pay attention to teacher comments on how to improve their responses in the HSC. Students still need to be summarising notes and completing practice essays to different questions. Staying focused is the key to success. A number of students have been emailing their teachers throughout the year with practice essays and need to continue doing this right up to the HSC English examinations. Congratulations to Mrs Taylor and her Extension 2 student, Madeleine Mitchell, on completing the Major Work on time and to a high standard. A special thanks to Mrs Bates for mentoring Madeleine throughout the year and providing plenty of feedback and suggestions.

Finally, I wish our Year 12 students all the best for the HSC examinations as well as their future endeavours.

YEAR 11
Year 11 examinations start in Week 9. All English classes are revising and preparing for their final responses. It is important to study at home and ask your teacher to clarify any areas you don’t quite understand.

JUNIOR CLASSES
Junior classes are following their scheduled assessments and need to prepare and study accordingly. Year 10 are choosing subjects for the senior years. It is important to chat with your teachers to make sure that you choose the level of English that best suits your ability and needs.

DEBATING
Congratulations to Miss Power and the Year 10 debaters, Shay Perry, Jordan Petty, Sukita Sawamichai, Thomas Miller and Zach Graham who reached the regional quarter finals. They had a narrow loss to Morisset High School. The team and Miss Power put in a great effort and thoroughly enjoyed the challenges that each debate presented.

NEWCASTLE HERALD
NEWS PAPER COMPETITION
Mrs Taylor and the 10S newspaper team are diligently working on completing their entry which is due on the 17th of this month. The Swansea High School edition will be in the Newcastle Herald on the 30th of October, so keep an eye out. I want to thank our Intern, Mr Russell who has worked with the students this term on editing and polishing their draft copies.

Drama

Congratulations to Miss Enks and the Year 12 Drama students on completing the practical component of their HSC Drama course. The students performed for family and friends as part of their Trail mark and we were treated to entertaining, compelling and powerful performances. A special thank you to Mr Dambrough and Mrs McDavitt for all their assistance in leading up to the HSC examination. They provided support to Miss Enks and the students by assisting with rehearsals and providing constructive feedback. I would also like to thank Miss Power, Mr Russell and Mrs Millar for their support on the night of the performances.

The students can now focus on the written component of their HSC examination. Regular revision of content studied will enable them to focus on the core elements of their dramatic texts as well as dramatic techniques.

Cheers
Lidija Nenad
Head Teacher English/Drama

Maths

The term is coming to an end and that means final examinations are being held.

Years 7-10 are in lead up to their end of Term exams. All exams will be held next week during student's class time. All students should be revising, completing any unfinished work and reviewing the key skills and content taught in each topic. A reminder to Years 7-10 that the numeracy homework is a great way of building and strengthening fundamental skills essential to improving students’ performance in Mathematics across on Years. All students have access to this homework via Moodle.

Year 12 students are almost on their way out, having completed their trial exam in preparation for the HSC. We wish them all the best and hope their studies are going well.

Year 11 are also in the concluding stages of their Preliminary HSC. All students should be revising for their final examinations, which will be held in Week 10. Study should include completing any unfinished work or topics and reviewing key skills and content taught.

Bruce Eyre
Head Teacher Maths

Keeping the school up-to-date
Could parents/guardians please advise the school when mobile phone, home phone, work numbers change as there have been incidents when a child has not been well and we were unable to contact parents due to old phone numbers. Please also advise the school if there are any other changes to your situation eg. Change of address.
**Sport**

The school has been able to install a gymnasium in the school hall for students to utilise during sport and PE lessons. We are very appreciative of the effort and time of Mr Gary Mears in establishing the gym and getting the equipment.

If have any unused gym equipment in your garage/shed that is in safe condition and could be used in the school gym please contact the school – we would be exceptionally grateful of any donations to enhance the terrific resource that has been established at the school.

The school has been given the honour of being selected to send a group of boys to the University of Newcastle for a Talented Rugby League Program. This continues the faculty’s proud association with the University as we have also been participating in an elite program named ATLAS which has targeted Year 8 boys to be active and reduce “screen time”. The University has given the school exceptionally positive feedback about our participation in this program and we were also selected to appear on NBN television. Thanks must go to Mr Benham for establishing the gym and getting the equipment.

The PDHPE staff would like to wish all the Year 12 students all the best for their upcoming HSC.

Thanks

Gary Mears
Head Teacher Sport & PDLPE

**Chess**

On Monday 26th August, the Swansea High Chess Team of John Hoffman, Jason Dizon, Luke Pritchard, Corey Mahaffey and Hamish Ragg, competed at the regional semi final of the secondary chess competition, held at the Hunter School of Performing Arts.

The competition was of a very high standard and although our team did not progress through to the finals, the boys acquitted themselves well.

Special mention to Luke Pritchard, who was our highest ranked player with three wins and a draw. Our team total was 13 wins and one draw.

We are very proud of the efforts of our young chess team who are competing against open age secondary competition; they have a bright future ahead.

If any community member would be willing to help with coaching our more able or beginning players, we would love to hear from you! Please contact the office and leave your contact details.

Luke Sedgman
Chess Co-ordinator

**Chaplain**

Hello Swansea High School Community - teachers, parents, carers, and students! As a Chaplain, I often see the messy side of school life. Students are faced with the daily pressures of not only school work and study, but relationship issues and, for some, much deeper things of life. For some it can be very difficult. Many students seem to bounce right back from the pressures they face. They may take a little time, but they have developed a sense of resilience and strength to overcome even the most tragic of circumstances. There are other students who, for a number of reasons, don’t seem to show that same resilience. I read an article recently by Nathan Hulls, a passionate motivational speaker, entrepreneur, careers and success coach and mentor. In it he writes that the biggest problems that teenagers face are not the obvious ones - drugs, alcohol, bullying, etc. He proposes that the 3 most difficult problems facing young people today are SELF ESTEEM, SELF BELIEF, and SELF LOVE. I share a few excerpts below from his article entitled A Guide for Teenagers and Parents of Teens: The 3 Biggest Problems Teenagers Face AND What to do About Them which can be downloaded from his website - www.Nathanhulls.com.

**SELF ESTEEM**

"Media <gives> our kids messages everyday telling them that they're too fat, too skinny, too ugly, too short, too tall and that if they don't wear the right clothes, eat the right food, drink the right drink, listen to the right music then they’re NOT COOL! ... Self esteem is simply the way a person see's themself and it is created by the words other people say about us. The most important words a teenager can hear come from the people they admire and their authority figures... Your words literally have the power to shape the future of a young person."

**SELF ESTEEM SOLUTION**

"Your mouth! The words you speak over the teenagers who are under your control have the power to steer them in the direction you choose ... As authority figures you have the ability to shape the heart and mind of every young person you come in contact with, simply by the words you speak over their lives."

**SELF BELIEF**

" The mind is the engine room for the results we create in life. Cognitive Behavioural Theory suggests that what we think (believe), determines how we feel, which determines how we act. If a teenager has no self belief and no sense of hope for the future, no sense of expectation for life to get better, then they will certainly reflect that in their emotions AND in their actions. A young person who makes poor choices, getting involved with binge drinking, drugs, pornography and the like, is simply reflecting their lack of self belief and hope for a positive future."

**SELF BELIEF SOLUTION**

"For a young person to learn to believe in themselves it takes two key elements:

1. Modelling; AND
2. Display of belief in them.

Let's face it, young people will copy your behaviours before they follow your commands. Stage one of creating self belief in young people is modelling it in our own lives. How's your self belief?

Stage two requires you to display and express that you believe in the young person. If a young person cannot see hope in the future they need to be shown. Often circumstances seem so dire that we can't see the light at the end of the tunnel. Words of affirmation and positive displays of belief will open doors for seeds of self belief to take root."
SELF LOVE
"One day when I hit a really low point in my life, I had one of those Aha moments which changed my life forever. As ancient wisdom says “perfect love casts out all fear.” When I learnt not only that it was okay for me to be me, but to love being me, I eliminated all the fears which tried to stop me from being the best darn me I could be. If teenagers don’t know how to love themselves then they have no ability to show love and respect to others around them. Problems which present themselves in the form of racism, bullying, self harm, and other related issues are merely symptoms of the greater problem of a young person's inability to love themselves."

SELF LOVE SOLUTION
"There is no silver bullet or overnight solution to help a young person love and accept themself for who they really are, but the best place to start is to help your teenager see their own uniqueness and individuality. To reframe what the teen may see as the issue and help them to see that what they believe is an issue, a blemish, an abnormality, may actually be an opportunity in disguise. We all have the ability to respond - it is our responsibility (ability to respond) which will set us apart from the average Tom, Dick or Mary, who sit back and blame the circumstances of their life for why they have not achieved their dreams. So without writing a thesis on it all, those are the 3 biggest problems teenagers face AND what to do about them. These principles have shaped my own life for the better, and, as a firm believer in the power of positive influence, I believe that you have the ability to help shape the lives of young people around you for the better."

I trust that you found these excerpts from Nathan Hulls article both challenging and inspiring. I believe in the students of Swansea High. I believe that they have the potential for great things TODAY and tomorrow. I believe that you as parents, carers, and teachers have what it takes to inspire, motivate, model, and challenge your students to achieve great things and to express the uniqueness and creativity they were created for. I count it a privilege to be one of many in supporting our students to esteem, believe in, and love themselves.

Thank you and God bless,

James Norman

CHAPLAIN - SWANSEA HIGH SCHOOL
Community Activities Lake Macquarie Inc. (CALM)
Promoting Opportunities with Local Communities
Office Hours: Monday 9am-1pm; Tuesday 8am-10am, 11am-1pm; Thursday 8am-9am, 10am-12pm

Disclaimer
The views expressed herein do not necessarily represent the views of the Australian Government Department of Education, Employment and Workplace Relations.

Acknowledgement
This project was funded by the Australian Government Department of Education, Employment and Workplace Relations under the National School Chaplaincy and Student Welfare Program.

More Information
For more information on the National School Chaplaincy and Student Welfare Program, please visit the website at: http://deewr.gov.au/national-school-chaplaincy-and-student-welfare-program

Student Medical Forms
During Terms 3 and 4 we will be updating our medical record systems to ensure we have the most up-to-date information on your child’s health. If you have a child with a medical condition you will receive a copy of the new forms in the mail and will need to fill them out and return them to us as soon as you can. The good news is we have already started collecting some of this information, which means less for you to do. The new forms will help us collect your child’s important medical information and the introduction of the new systems will mean we’ll be able to better manage the daily and emergency health needs of your child.

We may need to gather more detailed information if your child has a life threatening condition which may need an emergency response at school. We appreciate your support as we start collecting the information, and if you have any questions please call on Ph: 49711944.

SRC

Water Day

Last Friday, the SRC hosted a “Water Day” to support UNICEF, with the aim of raising funds to donate a water pump for children in a third world community. This initiative was organized by the year 11 SRC members who invited our Galgabba partner primary schools to join us by holding their own “Water Day”. Our Water Day was a big success with over $400 raised. Students ran various activities including a BBQ, student concert and water games (special thanks to our wet sponge target Mr Nebauer!).

By combining the funds raised we are sure that the Galgabba Community of Schools will be able to donate at least one water pump to UNICEF.

Special thanks to Jess, Josh, Peter, Chloe, Vanessa and Josh for leading this event, the students and staff who supported the day, and also our primary school partners for joining us.

Jacqui Charlton & Luke Sedgman
SRC Coordinators

Tips for Parents

Helping your teen study for an exam
Lots of chocolate, last minute cramming, avoiding the hard questions…. There is a better way for kids to study for their exams. Find out more:

Staying private on Facebook
Do you know how to untag photos and keep your Facebook page private? Read this and share with your kids. Find out more:
Using language to help with resilience
The Parenting Ideas website says resilient families have a language of their own. Read how your words can help a discouraged child cope, learn and persist. Find out more: http://www.parentingideas.com.au/Schools-Blog/june-2013/Language-of-resilient-schools—families

Coming Events for Term 4

<table>
<thead>
<tr>
<th>Mon</th>
<th>07 Oct</th>
<th>Labour Day holiday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tue</td>
<td>08 Oct</td>
<td>Achievement Assembly</td>
</tr>
<tr>
<td>Wed</td>
<td>09 Oct</td>
<td>Transition GATS program 2:30-3:20pm</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Yr11 Info Evening</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Year 5 GATS activities 2pm to 3pm P7&amp;8</td>
</tr>
<tr>
<td>Thu</td>
<td>10 Oct</td>
<td>P5 &amp; 6 Marine excursion</td>
</tr>
<tr>
<td></td>
<td></td>
<td>P3&amp;4 RAGE program at school</td>
</tr>
<tr>
<td>Fri</td>
<td>11 Oct</td>
<td>HSC written examinations commence</td>
</tr>
<tr>
<td>Mon</td>
<td>14 Oct</td>
<td>P7 &amp; 8 Marine excursion</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Yr11 reports to Jason</td>
</tr>
<tr>
<td>Wed</td>
<td>16 Oct</td>
<td>Transition GATS program 2:30-3:20pm</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Yr11 reports to HTs</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Year 5 GATS activities 2pm to 3pm P7&amp;8</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Aboriginal girls dance group Workshop in Drama Room P1-6</td>
</tr>
<tr>
<td>Thu</td>
<td>17 Oct</td>
<td>P5 &amp; 6 Marine excursion</td>
</tr>
<tr>
<td></td>
<td></td>
<td>P3&amp;4 RAGE program at school</td>
</tr>
<tr>
<td>Fri</td>
<td>18 Oct</td>
<td>P5 &amp; 6 Marine excursion</td>
</tr>
<tr>
<td>Mon</td>
<td>21 Oct</td>
<td>Year 11 &amp; 12 Metals &amp; Engineering Work</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Placement all week</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Year 11 &amp; 12 Construction Work</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Placement all week</td>
</tr>
<tr>
<td></td>
<td></td>
<td>P7 &amp; 8 Marine excursion</td>
</tr>
<tr>
<td>Tue</td>
<td>22 Oct</td>
<td>HSC written examinations commence</td>
</tr>
<tr>
<td>Wed</td>
<td>23 Oct</td>
<td>Transition GATS program 2:30-3:20pm</td>
</tr>
<tr>
<td>Thu</td>
<td>24 Oct</td>
<td>P5 &amp; 6 Marine excursion</td>
</tr>
<tr>
<td></td>
<td></td>
<td>P3&amp;4 RAGE program at school</td>
</tr>
<tr>
<td>Fri</td>
<td>25 Oct</td>
<td>Yr11 reports issued</td>
</tr>
<tr>
<td>Mon</td>
<td>28 Oct</td>
<td>P7 &amp; 8 Marine excursion</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Yr11 reports to Jason</td>
</tr>
<tr>
<td>Wed</td>
<td>30 Oct</td>
<td>Transition GATS program 2:30-3:20pm</td>
</tr>
<tr>
<td>Thu</td>
<td>31 Oct</td>
<td>P5 &amp; 6 Marine excursion</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Yr11 reports issued</td>
</tr>
<tr>
<td>Fri</td>
<td>01 Nov</td>
<td>P3&amp;4 RAGE program at school</td>
</tr>
</tbody>
</table>

Southern Cross Cultural Exchange

LEARN ABOUT YOURSELF!
As Marcel Proust, a late 19th century novelist wrote: “the real voyage of discovery consists not in seeking new landscapes but in having new eyes”. Volunteer to host an international high school student arriving into Australia in February 2014 through Southern Cross Cultural Exchange and prepare to be amazed at the way this unique and rewarding opportunity helps your family to become closer, to understand themselves better and to see the world in a new light.

Carefully selected students will arrive in February for one term, one semester or two semesters from France, Italy, Germany, Austria, Sweden, Norway, Denmark, Finland, the U.S.A, South America and Japan. They will attend a local secondary school, arrive with their own spending money and comprehensive insurance cover – all arranged by Southern Cross Cultural Exchange. Visit us at our website www.scce.com.au, email scceaust@scce.com.au or call us toll free on 1800 500 501, request our international student profiles, and capture the spirit of family and friendship.
LOW RISK DRIVING SPECIALIST
Cars are 5 Star ANCAP rated
Auto or Manual
Structured Lessons

SPECIAL PACKAGE
5th lesson HALF PRICE
Plus OPTION to have the lesson in a TOYOTA 86 AUTO

GORDON’S DRIVING SCHOOL
BELMONT – Phone 4945 4286

SUBLIME BEAUTY
23 JOSEPHSON STREET, SWANSEA
49 716633
NOW OPEN MONDAYS
www.sublimeretreat.com.au

Formal Packages with Sublime Swansea
Gold Package: Formal makeup, spray tan, gel polish for fingers & toes plus eyebrow wax $130
Silver Package: Formal makeup, spray tan $70
Bronze Package: Formal makeup plus eyebrow wax & eyelash tint $70

Call us for package options & to book your appointment 49716633

Disclaimer: The advertisements included in the Principal’s Newsletter should in no way be considered as recommendations by this school. Any advertising fees paid, help to offset printing costs.
Biodiversity is the variety of all life forms, the genes they contain and the ecosystems of which they form a part.

THURSDAY 26th September, 2013
10.00am - 3.00pm
Blue Gum Hills Regional Park, Mimi

- Wildlife on Wheels: five animals from the Wetland Centre
- NPWS Discovery Ranger Activities
- Tree planting
- Free BBQ lunch with Jesmond Loco’s Club
- Try orienteering with the Macquarie Orienteering Club
- Coffee and Drinks from M & K Coffee
- Passport activity for kids
- Prizes to be won
- Bush poetry with the Memoor Magpie
- Information stalls and activities from many Environmental Organisations

BIO DIVERSITY DAY AT BLUE GUM HILLS REGIONAL PARK

SPRINGTIME
by the Lake
Saturday
21 SEPTEMBER

- Live Entertainment
- Marine Displays
- Roving Characters
- Kayak Displays
- Market Stalls
- Scuba Displays
- Face Painting
- Jet Boat Rides
- Amusement Rides
- Classic Bike & Car Displays
- Raffle & Competitions
- Giveaways

FREE from 10am - 3pm

Special Olympics
2013 ASA PACIFIC GAMES
NEWCASTLE
30 November - 7 December

Want to be a part of the Opening Ceremony for the Special Olympics in Newcastle on December 1st?

The Marching Koalas are performing there along with Anthony Calea, Iva Davies, Marcia Hines, The McClymonts, Silkie Paladin, Doug Parkinson, Darren Percival and Marina Prior.

We are always welcoming new musicians and flag bearers so come along on a Tuesday night at 6pm at Gallagher College Bini Shell, Jesmond and see if performing with us is right for you!

Now is the perfect time to join us with the Special Olympics in December and a tour of Canada in 2014 including the Calgary Stampede.

Check out our website marchingkoalas.org.au or contact Geoff Lynch on 0413188711, John Gill on 0413603622 or Candice Bergin-Brown on 0413188713 for more information.

We don’t just rehearse - we perform!

ENTERTAINMENT ON THE MOVE!!!
<table>
<thead>
<tr>
<th>Monday Thursday Friday</th>
<th>Assembly Tuesday</th>
<th>Non Assembly Tuesday</th>
<th>Wednesday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Roll call 9.00</td>
<td>Roll call 9.00</td>
<td>Roll call 9.00</td>
<td>Roll call 9.00</td>
</tr>
<tr>
<td>1 9.08</td>
<td>Assembly 9.05</td>
<td>1 9.08</td>
<td>1 9.08</td>
</tr>
<tr>
<td>Short Break 10.24</td>
<td>2 10.00</td>
<td>Short Break 10.24</td>
<td>Short Break 10.24</td>
</tr>
<tr>
<td>3 10.34</td>
<td>Short Break 10.34</td>
<td>3 10.34</td>
<td>3 10.34</td>
</tr>
<tr>
<td>4 11.12</td>
<td>3 10.44</td>
<td>4 11.12</td>
<td>4 11.12</td>
</tr>
<tr>
<td>Lunch 1 11.50</td>
<td>4 11.20</td>
<td>Recess 11.50</td>
<td>Lunch 1 11.50</td>
</tr>
<tr>
<td>Lunch 2 12.10</td>
<td>Recess 11.55</td>
<td>5 12.10</td>
<td>Lunch 2 12.10</td>
</tr>
<tr>
<td>5 12.30</td>
<td>5 12.15</td>
<td>6 12.46</td>
<td>5 12.30</td>
</tr>
<tr>
<td>6 1.08</td>
<td>6 12.50</td>
<td>Lunch 1 1.26</td>
<td>6 1.08</td>
</tr>
<tr>
<td>Recess 1.46</td>
<td>Lunch 1 1.26</td>
<td>Lunch 2 1.46</td>
<td>End Of Day 1.46</td>
</tr>
<tr>
<td>7 2.06</td>
<td>Lunch 2 1.46</td>
<td>7 2.06</td>
<td></td>
</tr>
<tr>
<td>8 2.42</td>
<td>7 2.06</td>
<td>8 2.42</td>
<td></td>
</tr>
<tr>
<td>End of Day 3.20</td>
<td>8 2.42</td>
<td>End of Day 3.20</td>
<td></td>
</tr>
<tr>
<td>End of Day 3.20</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>