Principal’s Report

It is with great pride that I can announce that I have been selected through the merit selection process as the permanent, substantive Principal of Swansea High. I am absolutely delighted to have the opportunity to lead such a great school into the future. The school has a fantastic staff who are willing to put into practice any strategy or program they believe will assist students to achieve academically or improve students’ well being. The vast majority of students are cooperative and try their best and this is reflected in the large number of students acknowledged for their achievement and effort at the achievement assemblies held each term. Last term over 40% of students were rewarded for either academic success, work effort or civic commitment. It is also reflected in the increasing number of merit certificates and commendations being awarded.

It is my goal to ensure that Swansea is no longer known as the hidden jewel and a well kept secret – I want everyone to know how good the school is and be known as the school all local students want to attend because they are supported to be the best they can in a nurturing and enjoyable environment. Last year’s HSC results (4 students with ATARS in the mid to late 90s) will not always be replicated but the outstanding results show that students with the ability who are willing to put in the effort required gain all of the support necessary to achieve at the highest level.

Again our HSC Art Works are a wonderful testament to the hard work and talent of our students and the support they have received from the art staff, Ivan and Stephanie Jan. To showcase the talent, we are having an Art Show on Wednesday, 5 November from 6.30 – 8.30pm to allow the community to see the wonderful art works of our students from year 8 to year 12. I extend a warm invitation to all to enjoy the works that will be on show.

On the same night the SRC are hosting a BIG NIGHT OUT for students with music, performances, competitions and a fun night for all. A permission note will be issued prior to the sale of tickets and a signed note is required to purchase a ticket. Tickets will be on sale next week at school at a cost of $5. Parents can use the opportunity to come and see the amazing Art Show when they drop of their students for a night of fun.

My thoughts go out to those affected by the recent fires and I am thankful that most families from Swansea High managed to escape the fires with no major loss of property or injuries. The fantastic job undertaken by the Rural Fire Service, the Fire Brigade and emergency services cannot be put effectively into words. These fine members of our community have saved many from very difficult circumstances that have become a reality for others across NSW. The school is running a fund raiser on Friday for an ex student and her family that has lost everything in the fire at Catherine Hill Bay. This family gave a lot to Swansea High and we hope we can help.

The HSC has also been impacted by the fires with some students unable to access their exams and others having to sit exams after being evacuated. Fortunately the systems in place will ensure these students are not disadvantaged. Some students have completed their exams while others still have a way to go. Good luck to those who are continuing their exams.

Year 10 and Year 8 will undertake their interviews in week 9 this term beginning Monday 2nd December. All students must show they have completed all tasks at these interviews and set some learning goals for the future. They will spend week 8 undertaking preparation for the interviews. There has been an audit of tasks and students who have been identified as having tasks not completed will be required to attend Wednesday afternoon completion sessions over the next 5 weeks, where there will be support to complete their tasks. Attendance and work completion are the two critical factors in improving performance. If your child receives an invitation and you wish to discuss any issues surrounding the work please feel free to contact the school to gain clarification.

Finally, I would like to draw to your attention a fund raiser being held at the school for one of our staff, Peter Benham. He has recently had a beautiful son, Hudson. Unfortunately Hudson was born very prematurely in Sydney and cannot be transported to Newcastle. Peter has many additional expenses as a result and we are hoping to raise some funds to support him in being able to be there with his wife and son. The information regarding the Trivia night is later in the newsletter. I hope you can join us for a fun evening for a good cause.

Robyn Leggatt
Principal

P&C News

To find out what is happening with your child’s education come along to our meetings from 4.30-6.30pm in the Common Room – on 5 November all are welcome - always nice to see a new face –

REMINDER!!

Have you sent back your child’s medical forms to the school. This means we will be able to better manage the daily and emergency health needs of your child.

If you have not - PLEASE send them back to the school as soon as possible.
**Term 3 Achievement Assembly Award Winners**

**Principal’s Commendation Awards**

<table>
<thead>
<tr>
<th>Year 7</th>
<th>Year 8</th>
<th>Year 9</th>
<th>Year 10</th>
<th>Year 11</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tyler Awty</td>
<td>John Hoffman</td>
<td>Jason Dizon</td>
<td>Hayley Bonner</td>
<td>Isabella Cuthbert</td>
</tr>
<tr>
<td>Joel Castelli</td>
<td>Madelyne Janes</td>
<td>Anna Marsh</td>
<td>Isabella Cuthbert</td>
<td>Ryan Enright</td>
</tr>
<tr>
<td>Benjamin Flint</td>
<td>15 yr Girls</td>
<td>Tegan Fennell</td>
<td>Tegan Fennell</td>
<td>Jack Haberfield</td>
</tr>
<tr>
<td>Kayla McSpadden</td>
<td>Camrom Petly</td>
<td>Kirby Pilgrim</td>
<td>Isabella Gay</td>
<td>Nicholas</td>
</tr>
<tr>
<td>Ella Milne-Gray</td>
<td>Amy Pooley</td>
<td>Elyse Cousins</td>
<td>Zakary Nicholson</td>
<td>Tegan Fennell</td>
</tr>
<tr>
<td>Isobel Newland</td>
<td>Aaron Sauer</td>
<td>Stephanie Woolley</td>
<td>Savannah Pilgrim</td>
<td>Savannah Pilgrim</td>
</tr>
<tr>
<td>Samantha Riley</td>
<td>Jyh Toby</td>
<td>Lachlan Armstrong</td>
<td>Ryan Enright</td>
<td>Savannah Pilgrim</td>
</tr>
<tr>
<td>Issac Sedgman</td>
<td>Livia Parker</td>
<td>Lauren Anderson</td>
<td>Madison Robson</td>
<td>Ivy Hines</td>
</tr>
<tr>
<td>15 yr Girls</td>
<td>Cassandra Marchant</td>
<td>Ivy Hines</td>
<td>Cathyson Marchant</td>
<td>Cassandra Marchant</td>
</tr>
<tr>
<td>1st</td>
<td>1st</td>
<td>2nd</td>
<td>3rd</td>
<td>1st</td>
</tr>
</tbody>
</table>

**Sports Awards**

<table>
<thead>
<tr>
<th>Year 10</th>
<th>Year 9</th>
<th>Year 11</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tegan Fennell</td>
<td>1st…15 yr Girls</td>
<td>Isabella Cuthbert</td>
</tr>
<tr>
<td>1st…15 yr Girls</td>
<td>Shotput</td>
<td>3rd, Shotput</td>
</tr>
<tr>
<td>Discus</td>
<td>Elyse Cousins</td>
<td>Savannah Pilgrim</td>
</tr>
</tbody>
</table>

**Benefit Night**

Recently Mr Benham and his wife had a baby boy, Hudson, who was born very prematurely. Hudson is still in neonatal care in Sydney and may be there for a number of weeks to come. This has necessitated Mr Benham to take unpaid leave from work and find accommodation in Sydney so he can support his wife and new baby. This has come at some considerable expense to the Benham family.

Swansea High School is going to run a trivia night in the hall on Tuesday 26th November to raise some financial support for Mr Benham and his family as well as to demonstrate that our community are thinking of them.

We are asking for your support in a variety of ways:

- you could donate a prize to go towards the trivia night
- you could purchase raffle tickets in the raffle we are going to run which will be drawn at the trivia night
- you could attend the trivia night (preferably organise a group of friends to get a table together)

Further information will be provided as the time gets closer. If you would like to assist with the prizes please contact Jacqui Charlton or Gary Mears at school on 49711944

**Deputy Principal**

Welcome back to Term Four. What a start to the term we have had. We started with a wonderful achievement assembly to acknowledge our students for working hard and making effort and went to a situation where many students and some staff were affected by the recent fires. The Rural Fire Service and the Volunteer Services did a magnificent job in preventing significant loss of life and property. Our thoughts are with the those that have suffered as a result of the fires.

Congratulations to Robyn Leggatt who was successful at interview and is no longer relieving but is now our Principal for Swansea High School.

**Leaving School Site**

Students caught leaving the school site without permission will be marked as truanting and will be required to complete an after school detention on Wednesday. Students who are picked up by parents or family friends and who have not notified the school are also marked down as truanting. In case of an evacuation it is important that we know who is on site. Students who receive letters home for truanting more than one lesson in a day will now be placed on Deputy Principal Monitoring Card for one week. Detentions will be put in place for incomplete cards, lost cards and multiple unsatisfactory behaviour in class.

**Uniform**

School uniform sets the tone of the school and affects the reputation of the school in the community. It also helps us to identify those who may not belong on site. Students who are consistently not in uniform without a note will be given consequences. These include detentions, afterschool detentions formal cautions and possibly short suspension for disobedience. If you are unable to afford a uniform for your child please contact the school.

**Playground Changes**

This term the oval will be open for students to play ball games each lunch and at recess on Tuesday Wednesday and Thursday. This is an active area only for ball games, throwing Frisbees etc. Students will be expected to keep the area free from rubbish. No students are allowed to sit or otherwise congregate on the oval. The oval may be closed in wet weather and during winter.

**Year 12**

In week five I will be asking staff to identify students who are causing concern in Year 12. Students will be interviewed, parents notified and a Program of Improvement initiated. Students who are working well will be recognized through commendations.

**School Uniform Shop**

Last day of trade for the Uniform shop will be Tuesday, 17 December. We will re-open on Tuesday, 21 January 2014, 8.30am-2.30pm.

**January 2014 opening days** will be:

Tuesday, 21 January, Wednesday, 22 January, Thursday 23 January, Tuesday 28 January, Wednesday 29 January and Thursday 30 January from, 8.30am to 2.30pm on all of these days.

Guli Skamperle
Deputy Principal
Science
Wow, Term 4 is upon us already. We have seen another Year 12 cohort leave and begin their HSC exams and we wish them all the very best: not only in the exams but in whatever they choose to do afterwards.

Year 11 students have now begun their HSC courses. It is important to know that with the RoSA, the results of the Preliminary courses are collated and appear on the RoSA certificate. Even if you didn’t get the marks you would have liked in the final Preliminary exams, it is not the end of the world. Put a line across your books and start the HSC courses anew. That being said, now is the time for students to begin their revision and home study. It is never too early to do this. All HSC students should have a copy of the relevant syllabus for each course and check off each dot point as they progress through the course. This allows students to check their progress through the course and allow them to see what is coming up next. You cannot say you have nothing to do! There are a myriad of online sites that provide alternate course notes, to practise problems, exam tips and time management. Do a little bit each day and it will all add up.

Year 10 students are coming to the end of their courses. This year, we are going to have a final end of year exam in Science. It will cover all work in Stage 5, that is, Years 9 and 10. This will give students practise at sitting a formal exam, like they will need to do in senior school. Revision time will be allocated in class.

Year 8 students will soon sit the ESSA exam. This exam is a vital tool that allows schools to gauge how well students are learning Science and what areas we need to focus on with our teaching. It does not count towards any school marks. Unlike previous years when the ESSA was held on a single day, this year there is a whole week in which to do it. Each Year 8 class will be allocated time in a computer room to complete the exam. Classes have done the readiness test and that appeared to go well for the vast majority of students. A note will go home to parents soon with information regarding the ESSA. Students will need to bring a pair of headphones / earbuds from home and know their DET portal login details.

Other year groups are bubbling along just nicely. Courses will be finishing in a few weeks, then some revision time before the final exams.

If time flies when you’re having fun, then I must be having a blast, as this year has just flown by.

Paul Nebauer
Head Teacher Science
(Champion Speller)

HSIE
The start of a new term! Most classes will be embarking on new topics and I would like to remind all students that we aren’t there yet. Books should be up to date and assessment tasks completed. Reports are drawing near and every teacher in the faculty would love to write about good things demonstrated by excellent students. Keep working.

Year 11 have made a smooth transition into their final Higher School Certificate year and mostly have hit the ground running. High attendance rates, a good work ethic and excellent time management skills equals a (relatively) stress free year. All staff teaching senior subjects are here to help so ask if you need support. For the first time in recent years the faculty has offered Extension History and we are looking forward to some lively historiography debates over the next twelve months.

The faculty would like to wish this year’s Year 12 success in their exams, and we look forward to hearing about that success in a few weeks’ time.

10S and 10A are currently using part of their time in HSIE to create new murals in Room 17. The creative energy is impressive with the Coral Reef and African Savannah slowly taking shape. The faculty appreciates the support of these Year 10 classes towards improving the school environment.

Regards,
Adam Young
Head Teacher HSIE

Tips for Parents
Dealing with Change
Dealing with change can be tough during teenage years, particularly when adolescents are already dealing with puberty, social media and the angst of peer pressure (just to name a few). Throw a few additional challenges into the mix: moving houses, moving schools, dealing with family break-ups, changing jobs, changing friendship groups, sickness in the family- and teenage years appear to be pretty tough!

One of the more effective ways of dealing with change can be to accept it and to understand it. Reachout.com suggests that you should attempt to ‘try to understand everything about it that you can’. This may mean, for example, doing further research on a new school or area that you are moving to. This method may help prevent a sense of fear or feelings of helplessness develop from the situation. Of course there are situations that you cannot adequately prepare for nor have control over and in these contexts you can;

• stay as positive as possible - see change as an opportunity not a barrier
• manage your stress and anxiety levels
• talk to a friend or family member about your concerns
• give yourself something to look forward to
• keep something familiar - a routine or treasured item

New Busways timetable
School Bus 10 – from Northlakes High at 7.23am to Lake Munmorah Public School & St Brendan’s Primary school will now depart at 7.18am (5 minutes earlier) and will operate 5 minutes earlier throughout the entire route, then continues as School Bus 2 to Swansea High School.

School Bus 2 – from Pacific Highway & Carters Road at 8.10am to Swansea High will now depart at 8.05am (5 minutes earlier) and will operate 5 minutes earlier throughout the entire route.

There are no changes to the route directions.

For further information contact 4392 6666 or Busways website www.busways.com.au or email infoline@busways.com.au
• give yourself some time to get used to the change
• remember that change is a part of life!

If you would like more information on change and how to adequately deal with it see the following website or speak with your local doctor, counsellor or someone at your school: http://au.reachout.com/Dealing-with-life-changes.

Aboriginal Education
It has been a busy start to Term 4 with many Aboriginal Education Programs up and running again!

• Our Junior AECG held their AGM last week and a new committee for 2014 was elected. Congratulations to:
  ➢ President- Jesse Harvey
  ➢ Vice President- Chloe Anning
  ➢ Secretary- Mitchell Dyet
  ➢ Vice Secretary-Rachael McCudden

• Chloe Anning was the founding President of the Swansea High School Junior AECG in 2013 and is a fantastic role model for all students at our school. Chloe has started her HSC this term and has stepped down from her role as President. She is now Vice President and is mentoring our younger AECG committee members.

• Sista Speak (Aboriginal girls mentoring program) has started for all Aboriginal girls in Years 7-10. Our “Older Sistas” are doing a fantastic job as leaders and mentors to students in Years 7 and 8. The girls will also be participating in an Aboriginal Dance Workshop this term.

• Aboriginal boys are attending Bahtabah Land Council again this term to design, make, create and learn to play the Didgeridoo. Watch this space as we are hoping to form a Didgeridoo Group in 2014!

• I-Fit is up and running again this Term. Indigenous Personal Trainers from Hunter New England Health teach our students about healthy lifestyles, fitness and nutrition.

• All Aboriginal students and families were invited to attend an informal meeting at the school to create a Personalised Learning Plan for each Aboriginal Student. If you are yet to attend a meeting, please call the school to organise another.

• Four of our students are working with Bahtabah Land Council and Purrimaibahn Unit of Hunter TAFE to assist in the development Learning Circle at Belmont TAFE. These students will be receiving a Cert 2 in Horticulture as well as their White Card.

Careers
Year 10
TVET offer letters have been sent home in most cases. To accept the course you need to fill in the slip and post it to TAFE, or bring it to school and I can post it.

Year 12
Any students who have not yet completed the pink change of subject form will not be able to drop or change subjects. Parents are required to sign the pink form acknowledging any changes.

Jobs
I receive approximately 40 new junior job vacancies every Monday via email. These range from casual jobs to full time apprenticeships and traineeships. I forward this to every Swansea High students’ school email weekly. If you would like to receive this to your email please email me and I will include you on the list.

Swansea High School Community Links Program
Swansea High School in partnership with Career Links has a program creating links to the community for the benefit of Swansea High School students now and into the future. If you would like to volunteer for inclusion in programs such as offering work experience, industry visits, school information sessions, student mentoring, interview panels, resume writing, or something else, contact me for information.

Mark Korsman
Careers Adviser
E-mail mark.korsman@det.nsw.edu.au

Aboriginal Education Coordinator

Lauren Anderson
Aboriginal Education Coordinator

Judy Loveday
Hospitality Teacher

News from Careers and Aboriginal Education 25 October 2013

Healthy Schools, Healthy Futures

Didgeridoo making at Bahtabah Land Council

Mark Korsman
Careers Adviser
E-mail mark.korsman@det.nsw.edu.au

Lauren Anderson
Aboriginal Education Coordinator

Judy Loveday
Hospitality Teacher

News from Careers and Aboriginal Education 25 October 2013

Healthy Schools, Healthy Futures

Didgeridoo making at Bahtabah Land Council

Mark Korsman
Careers Adviser
E-mail mark.korsman@det.nsw.edu.au

Lauren Anderson
Aboriginal Education Coordinator

Judy Loveday
Hospitality Teacher
From the Chaplain.
Hello again Swansea High School students, parents, carers, and faculty!

First off, welcome back to Term 4 of 2013! This is now officially my 5th term as Chaplain at Swansea High and it has been one amazing year. I am blown away on a weekly basis by the commitment of the staff at our school in seeking to train and equip our young people as they grow and mature. I am privileged to serve alongside each of you.

And I am also privileged to be of service to the students and families of this great school community. If there are ever any questions or concerns that parents or carers have, I am available at the school the following days:

- Mondays - 9am - 1pm
- Tuesdays - 9am - 10am; 11:30am to 1pm
- Thursdays - 10am - 12:30pm

At a recent conference I attended, one of the keynote speakers addressed the all-important issue of how to communicate well with young people. In his presentation entitled High Impact Conversations with Young People, Andrew Fuller gave some great pearls of wisdom to parents and adults in how to have meaningful and effective conversations with teenagers. I offer you a few of the highlights from the talk below.

The Art of conversation
Given the central space that conversations have in creating a meaningful and happy life, it seems that all of us should set ourselves the goal of becoming better conversationalists. If you can think of some of the wonderful conversations you have had it is probable that they had some of these features:

- People stopped what they were doing and really listened;
- Curiosity was piqued;
- Jealousy and competition were absent;
- People felt able to be authentic and to show their vulnerabilities;
- Hurts might have been talked about but faults were not; and
- Ideas and humour were played with.

The fine art of talking, getting your message heard and understood as well as converted into some form of action by another human being is an amazingly tricky business.

What makes conversations even murkier is that it often seems that men and women speak entirely different languages. The brains of boys and girls are reasonably similar but the way they use language is poles apart.

Advise for parents speaking to sons
- Use unadulterated praise; don’t qualify it (e.g. "you did well but you could do better"). Don’t add ideas or suggestions, just praise.
- Let him know that you love him and respect him - tell him. Then tell him again. Keep telling him.
- Give options or choices whenever possible.
- Boys are more likely to have problems expressing feelings and be more liable to misinterpretations. Be direct. Be firm. Be fair and if you can, be funny.
- Always incorporate a wait time - so if you want something done by 5pm start suggesting it about 2 hours earlier and use hit and run reminders.

Advice for parents speaking to daughters
- Let her know that you like her and love her.
- Ask her opinion about major family decisions.
- Use direct language if you have an issue that needs to be discussed. Beating around the bush will only increase anxiety.
- Confide in her when you can.
- If you are having a difference of opinion let her know that you still love her and that we can solve this.

- Let her know that as a family we keep talking about things until we sort them out. We don’t let problems fester or ruin relationships.

I hope that you find some of Andrew’s pearls of wisdom as encouraging and challenging as I do. Your teenagers are worth the effort it takes to communicate effectively with them. Thank you for the love, care, discipline, and effort you take in raising such great young people. I count it a privilege to cheer you on!

If you would like to read any more of Andrew Fuller’s resources, please visit the following website: www.andrewfuller.com.au.

Thank you and God bless,

James Norman
CHAPLAIN - SWANSEA HIGH SCHOOL
Community Activities Lake Macquarie Inc. (CALM)
Promoting Opportunities with Local Communities

Disclaimer
The views expressed herein do not necessarily represent the views of the Australian Government Department of Education, Employment and Workplace Relations.

Acknowledgement
This project was funded by the Australian Government Department of Education, Employment and Workplace Relations under the National School Chaplaincy and Student Welfare Program.

More Information
For more information on the National School Chaplaincy and Student Welfare Program, please visit the website at: http://deewr.gov.au/national-school-chaplaincy-and-student-welfare-program

A BIG THANK YOU to these businesses who supported our Year 12 students

Black Swan Waterfront Motel
Caltex Best All Rounder
Delta Club of Swansea/Caves Beach
Delta Electricity
Garry Edwards MP
Jill Hall MP Member for Shortland
Lions Club of Swansea
Long Tan leadership Award
Pelican RSL sub branch Club ltd
Reuben F Scarf Awards
Swansea Chamber of Commerce
Swansea High school P&C
Swansea RSL Club
Swansea Surf Shop
Swansea Workers co-op club Ltd
The University of Newcastle
Vectordesign Logo & Identity Specialist
Library

H.S.C.

Our students would have noticed that it has been much harder to access the library since Week 2. This is because students requiring special provisions for the HSC have been sitting their exams within the library. Exams in the library finish at the end of week 3. Then, it will be access as usual. Thanks everyone for being understanding.

New Display Units

Our library has been short of areas to display new books or themed displays. We have just purchased two mobile beech slatwall units to meet this need. They look very attractive and look beautiful in amongst our other new furniture.

BarK – Dog in the Classroom

This term we welcome back Zac and his handler Michael. After Michael had an overseas holiday last term. We were very fortunate to have been able to continue our valued reading program last term due to the services of Bobbie and her trainer Jo. The program takes place each Thursday afternoon in the library and involves selected Year 7 and/or Year 8 students.

Library Staff

We have had a change to library staffing for Term 4. Mrs Cathrine Middleton will be working as the Library Assistant for this term. I will be taking a couple of weeks long service leave and during this time Mrs Dee Friend will be the teacher in charge of the library.

Michelle Jarrett

Teacher Librarian

<table>
<thead>
<tr>
<th>Coming Events for Term 4</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Week 4</strong></td>
</tr>
<tr>
<td>28 October</td>
</tr>
<tr>
<td>P7-8 Marine excursion</td>
</tr>
<tr>
<td>Physie hall hire 4.00-7.00pm</td>
</tr>
<tr>
<td>P3 Art of Manliness mentoring program</td>
</tr>
<tr>
<td>29 October</td>
</tr>
<tr>
<td>Y9 Aboriginal students at Aboriginal Learning Circle</td>
</tr>
<tr>
<td>30 October</td>
</tr>
<tr>
<td>Transition QATs program 2.30-3.20pm</td>
</tr>
<tr>
<td>Y9 Sport 10.30-12.00 noon at Caves Beach</td>
</tr>
<tr>
<td>Y9 Aboriginal students at Aboriginal Learning Circle</td>
</tr>
<tr>
<td>31 October</td>
</tr>
<tr>
<td>P5-6 Marine excursion</td>
</tr>
<tr>
<td>P3-4 RAGE program at school</td>
</tr>
<tr>
<td>1 November</td>
</tr>
<tr>
<td>Reasonable adjustment/differentiation course at Kurri Kurri TAFE</td>
</tr>
<tr>
<td>Y10 Sport 10.30-12.00 noon at Caves Beach P7-8 Aboriginal Boys Didgeridoo workshop</td>
</tr>
<tr>
<td><strong>Week 5</strong></td>
</tr>
<tr>
<td>4 November</td>
</tr>
<tr>
<td>P7-8 Marine excursion</td>
</tr>
<tr>
<td>Physie hall hire 4.00-7.00pm</td>
</tr>
<tr>
<td>P3 Art of Manliness mentoring program</td>
</tr>
<tr>
<td>5 November</td>
</tr>
<tr>
<td>Y12 Engineering Stud. excurs to Uni/W'gong</td>
</tr>
<tr>
<td>Y9 Aboriginal students at Aboriginal Learning Circle</td>
</tr>
<tr>
<td>6 November</td>
</tr>
<tr>
<td>Y9 Aboriginal students at Aboriginal Learning Circle</td>
</tr>
<tr>
<td>Y9 Sport 10.30-12.00 noon at Caves Beach</td>
</tr>
<tr>
<td>Y11 Hospitality First Aid Assessment</td>
</tr>
<tr>
<td>7 November</td>
</tr>
<tr>
<td>P5-6 Marine excursion</td>
</tr>
<tr>
<td>8 November</td>
</tr>
<tr>
<td>Y9 &amp; 10 Assessment Tasks completed</td>
</tr>
<tr>
<td>Y10 Sport 10.30-12.00 at Caves Beach P7-8 Aboriginal Boys didgeridoo Workshop</td>
</tr>
<tr>
<td><strong>Week 6</strong></td>
</tr>
<tr>
<td>11 November</td>
</tr>
<tr>
<td>P7-8 Marine excursion</td>
</tr>
<tr>
<td>Physie hall hire 4.00-7.00pm</td>
</tr>
<tr>
<td>P3 The Art of Manliness mentoring Program</td>
</tr>
<tr>
<td>12 November</td>
</tr>
<tr>
<td>Y9 Aboriginal students at Aboriginal Learning Circle</td>
</tr>
<tr>
<td>13 November</td>
</tr>
<tr>
<td>Y9 Aboriginal students at Aboriginal learning Circle</td>
</tr>
<tr>
<td>Y9 Sport 10.30-12.00 noon at Caves Beach</td>
</tr>
<tr>
<td>14 November</td>
</tr>
<tr>
<td>P5-6 Marine excursion</td>
</tr>
<tr>
<td>Premiers Sporting Challenge Coaching Day</td>
</tr>
<tr>
<td>15 November</td>
</tr>
<tr>
<td>Y10 Sport 10.30-12.00 at Caves Beach P7-8 Aboriginal Boys Didgeridoo Workshop</td>
</tr>
<tr>
<td><strong>Sunday 17/11</strong></td>
</tr>
<tr>
<td>Hall hire</td>
</tr>
<tr>
<td><strong>Week 7</strong></td>
</tr>
<tr>
<td>18 November</td>
</tr>
<tr>
<td>P7-8 Marine excursion</td>
</tr>
<tr>
<td>Y10 All my own Work</td>
</tr>
<tr>
<td>Physie hall hire 4.00-7.00pm</td>
</tr>
<tr>
<td>P3 The Art of Manliness Mentoring Program</td>
</tr>
<tr>
<td>19 November</td>
</tr>
<tr>
<td>Y9 Aboriginal students at Aboriginal Learning Circle</td>
</tr>
<tr>
<td>20 November</td>
</tr>
<tr>
<td>Y9 Aboriginal students at Aboriginal Learning Circle</td>
</tr>
<tr>
<td>Y9 Sport 10.30-12.00 noon at Caves Beach</td>
</tr>
<tr>
<td>21 November</td>
</tr>
<tr>
<td>P5-6 Marine excursion</td>
</tr>
<tr>
<td>22 November</td>
</tr>
<tr>
<td>Y10 Sport 10.30-12.00 noon at Caves Beach P7-8 Aboriginal Boys Didgeridoo Workshop</td>
</tr>
<tr>
<td><strong>Sunday 24/11</strong></td>
</tr>
<tr>
<td>Hall hire</td>
</tr>
<tr>
<td><strong>Week 8</strong></td>
</tr>
<tr>
<td>25 November</td>
</tr>
<tr>
<td>Authentic Assessment Preparation Week</td>
</tr>
<tr>
<td>P7-8 Marine excursion</td>
</tr>
<tr>
<td>Physie hall hire 4.00-7.00;00pm</td>
</tr>
<tr>
<td>P3 The Art of Manliness Mentoring Program</td>
</tr>
<tr>
<td>P5-6 Y7 &amp; 8 Brainstorm Prod. Verbal combat</td>
</tr>
<tr>
<td>P7-8 Y9 &amp; 10 Brainstorm Prod. Verbal combat</td>
</tr>
<tr>
<td>26 November</td>
</tr>
<tr>
<td>Y9 Aboriginal students at Aboriginal learning Circle</td>
</tr>
<tr>
<td>27 November</td>
</tr>
<tr>
<td>Y10 Formal</td>
</tr>
<tr>
<td>Y9 Aboriginal students at Aboriginal Learning Circle</td>
</tr>
<tr>
<td>Y9 Sport 10.30-12.00 noon at Caves Beach</td>
</tr>
<tr>
<td>P3-4 Y12 Assessment Task 1 Maths</td>
</tr>
<tr>
<td>28 November</td>
</tr>
<tr>
<td>P5-6 marine excursion</td>
</tr>
<tr>
<td>HSC 2014 Chemistry Assessment Task 1</td>
</tr>
</tbody>
</table>
GORDON'S DRIVING SCHOOL
LOW RISK DRIVING SPECIALIST
Cars are 5-Star ANCAP rated
Auto or Manual
Structured lessons

GORDON'S DRIVING SCHOOL
BELMONT
Phone 4945 4286

Disclaimer: The advertisements included in the Principal’s Newsletter should in no way be considered as recommendations by this school. Any advertising fees paid, help to offset printing costs.

SUBLIME BEAUTY
23 JOSEPHSON STREET, SWANSEA
49 716633
NOW OPEN MONDAYS
www.sublimeretreat.com.au

Formal Packages with Sublime Swansea
Gold Package: Formal makeup, spray tan, gel polish for fingers & toes plus eyebrow wax $130
Silver Package: Formal makeup, spray tan $70
Bronze Package: Formal makeup plus eyebrow wax & eyelash tint $70
Call us for package options & to book your appointment 49716633

HELPING YOUNG PEOPLE TRY SOMETHING NEW
We run a non-profit website www.biteback.org.au for 12-18 year olds which aims to improve wellbeing and mental fitness by sharing real life personal stories and providing interactive activities built upon mindfulness, gratitude and other positive psychology principals. The site has been created by the Black dog Institute.

BITE BACK has launched a competition which aims to build resilience in young people. Try something new competition – For more prize info and how to enter check out www.biteback.org.au

ANYTIME FITNESS
1/467 Pacific Highway, Belmont
4945 3175

Join anytime Fitness now and we will help you spring into summer with a 6 WEEK CHALLENGE
- Challenge includes:
  - Initial consultation
  - Group classes
  - Weekly weight in and measurement
  - Nutritional advice
  - Recipe folder

Spring into action
Set yourself a goal
JOIN NOW!!!!!
Valid October/November 2013
www.anytimefitness.com.au
The Australian Air Force Cadets is one of the Premier Youth Organisations of Australia. We are currently recruiting for 2014.

Do you want to:
- Learn to fly
- Develop your leadership and communication skills
- Participate in adventure training and field craft activities
- Meet new people and make life long friends
- And heaps more

If you:
- Are an Australian resident
- Have good general health
- Are between 13 and 18 years old
- Can attend weekly activities
- Have permission from your parent or guardian

Become a Cadet in the Australian Air Force Cadets

EDUCATES ⋄ CHALLENGES ⋄ EXCITES

For more information, find your nearest Australian Air Force Cadet Squadron by visiting our website at:

www.aafc.org.au

---

**WEP Student Exchange – Imagine life as an overseas teenager!!!**

Study overseas in more than 20 countries with World Education Program (WEP) Australia

Opportunities to live and study overseas are available to all Australian Secondary students who enjoy a challenge and are willing to completely immerse themselves into day to day life in another country. These outstanding educational programs offer you the experience of a lifetime and promote understanding and peace between people from different cultures.

"You know the expression “It takes a village to raise a child?” I think it takes a village to host an exchange student as well, as I have had different friends and neighbours drive me to school every day this week! I have been invited for weekends all over France with various people and everyone is keen to show me their way of life and culture! I couldn’t be happier!"

Emma, Semester program to France

Find out more: visit www.wep.org.au or call 1300 884 733 (for the cost of a local call) to discuss suitable program options and request an information pack, including WEP’s free application form.

---

**Tips to Parents**


NSW public school terms and holidays