Principal’s Report

My first exciting news for term 2 is that Mrs Lauren Anderson has been appointed permanently to our school. Mrs Anderson has been a temporary teacher for the past 5 years and contributes enormously to the educational outcomes of our students through her involvement as year advisor for year 9, Aboriginal Education Coordinator and Starstruck Coordinator. Her appointment is a wonderful acknowledgment of her work in the school.

We also received exciting news regarding an outstanding achievement from Genevieve Dawson from year 12, 2013. Genevieve gained first place in NSW in the TVET Accounting Course. This is an outstanding achievement in itself, but she has added to her wonderful achievement by being selected in the Lake Macquarie HSC Art Exhibition. Congratulations to Genevieve and we wish her all the best in her future.

This term has seen the launch of three major initiatives within the school:

- The STRIVE Centre has been launched with a number of students taking advantage of the free tutoring available from student tutors in the library each Tuesday and Thursday afternoons. It is a very productive environment and both the tutees (those being tutored) and the tutors have provided extremely positive feedback about the program. It is a wonderful atmosphere of learning and cooperation. My thanks to Mrs Penny Buckley for her hard work in establishing the centre. Any students wishing to participate should make contact with Mrs Buckley in the library.

- The launch of the Positive Behaviour for learning program took place at the assembly on week 2. The students presented skits and power points to support the beginning of the PBL push starting with the playground as our first focus area. Litter, cooperation and staying inbounds are the targeted behaviours and these are being supported through positive rewards as well as consequences. The SRC and the HSHF reps have done a terrific job presenting mini lessons to the student body during roll calls and have clearly defined the issues as well as the expectations and positive and negative consequences of the behaviours. The great news is that staff and students have had a fantastic response with the tone of the playground being improved dramatically. I couldn’t count how many blue commendations have been given for students doing the right thing! The playground cleanliness has shown vast improvement and the positives have been overwhelming. The students should be congratulated on their great effort.

- Our music program has had an extremely positive increase with the guitar group growing and improving each week.

The rock/pop bands are continuing to gain cohesion and skill and we hope to see performances in the near future. We have also initiated a classical musical ensemble with 6 students featuring a variety of orchestral instruments combining to develop their musical skills. Again I look forward to seeing this group performing for us. A member of this group, Gabe Mason, did a fantastic job playing the bugle at our Anzac ceremony – an extremely difficult task undertaken with skill and commitment. Gabe is also a member of the Hunter Wind Ensemble who played the 1812 Overture at Fort Scratchley. As a result of his achievements Gabe has been awarded the Belmont Rotary Morton Family Music Scholarship. Congratulations Gabe on this well-deserved award. Finally, we have Sue Carson a well-known vocalist prepared to provide a free masterclass in vocals for any interested students. Please contact Mr Rippon if you have a young person who may wish to participate.

Another great feature of this term will be our participation in Starstruck. We are one of only 4 schools to have 3 groups selected and they will perform on Friday 13th and Saturday 15th June. Their rehearsals are well underway and we wish all of the students the best of luck in their performance. Thanks to Mrs Anderson, Miss Goodwin and Mrs Enks for their great contributions to our first foray into Starstruck for a number of years.

Our Year 6 students have visited late last term and this week to experience some of the classes they will have in 2015 in woodwork, food technology, art, PDHPE, Drama and Science. We hope the introduction allowed them to have a good look around the school, meet some teachers and improve the smooth transition from our partner schools.

The fun never stops at Swansea High and I look forward to another term full of student involvement in a wide variety of activities.

Robyn Leggatt
Principal
Deputy Principal

Term Two is a nine week term this year, which means that things will get very hectic. School grades and comments are already being prepared ready for reports. NAPLAN will have already been and gone by the time you read this newsletter and the time to prepare and complete tasks will seem very short especially for Year 11 and 12 who are in their second last term of their Preliminary or HSC. It is important during this time for students to remain focused and seek help from their teachers if the stress levels begin to take effect.

Achievement Assembly
Thank you to all the parents and visitors who attended the achievement assembly at the beginning of the term. Your support has made a difference to our school in that your appreciation of student achievements has helped create a positive attitude by our students towards working hard towards reaching academic goals. The recent assembly saw the most students ever achieving awards.

Uniform
Thank you for supporting the uniform policy. The uniform shop is open on Tuesdays from 8.30 – 11.30 and on Thursdays from 1pm – 4pm. The uniform shop is well stocked with uniform items of all sizes. There is also a second hand clothing pool. Some items are free others at a minimal cost. For clothing pool items students or parents can contact staff from the front office or the Head Teacher Teaching and Learning Mrs Thompson.

Have your details changed?
If your details have changed, such as you have recently moved or changed your mobile phones, or have acquired a new email address, etc, can you ring the Front Office on 49711944 and advise us. We need the most up to date information so that we can keep in contact with you.

Mobile Phones, IPods
Personal use of phones during class time is not permitted at Swansea High School without the permission of the classroom teacher. All phones are to be turned off or on silent at school unless otherwise directed. Teachers have the right to confiscate devices which are used without permission in the classroom, used in an inappropriate manner or if the use disrupts the student’s learning or the learning of others. If confiscated the device may be taken to the front office where it will be recorded and secured. The student will then be required to collect the device at the end of the day. If this happens a second time the parent will be asked to collect the phone during office hours. The discipline procedures of the school will apply to students who refuse instructions to put away devices or hand them to their teacher.

Guli Skamperle
Deputy Principal

Term 1 Achievement Assembly
Principal’s Commendation Awards

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<th>YEAR</th>
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<td>7</td>
<td>Aiden Bromfield</td>
<td>Madison LeMarchant</td>
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<td>Mikayla Eyles</td>
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<td>Kahn Foster</td>
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<td>Tyler Awty</td>
<td>Haylee McInnes</td>
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<td>Benjamin Flint</td>
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<td>Emily Ahern</td>
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<td>Ben Hibberd</td>
<td>Kirby Pilgrim</td>
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<td>Chelsea Duffin</td>
<td>Jacob Mulliett</td>
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<td>Keira Egtberts</td>
<td>Kane Parry-Williams</td>
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<td>Tyla-Lee Fraser</td>
<td>Taylah Robinson</td>
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<td>Dana Connelly</td>
<td>Claudia Long</td>
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<td>Mitchell Dyet</td>
<td>Amara Woods</td>
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<td>12</td>
<td>Lachlan Armstrong</td>
<td>Vanessa McDonald</td>
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<td>Ryan Enright</td>
<td>Savannah Pilgrim</td>
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<td>Jessica Graham</td>
<td>Joshua Wheatley</td>
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<td>Mark Harcus</td>
<td>Peter Wilson</td>
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P&C News
To find out what is happening with your child’s education come along to our meetings from 4.30-6.30pm in the Common Room – first Tuesday of each month, all are welcome - always nice to see a new face –
Yr 7 now has a new ‘student-centred’ lesson start routine with volunteers becoming ‘Class Captain’ for the lesson. All students are working towards collecting points in Japanese lessons via 2 systems: 1. Class Dojo points (for a variety of positive actions /behaviours) using an online website in class AND 2. Bookwork stars. Every 5 ‘dojo’ points is rewarded with a ‘Blue Merit’ award AND every combination of 5 ‘dojo’ points and 5 ‘bookwork stars’ is rewarded with a ‘Commendation Award’. I have issued 118 Blue Merits and 41 Commendation Awards to Year 7 students so far this year. Recently there has been a big focus on Japanese syllables (46 basic + 23 sound mods + 33 combos = 102 total!) and accurate pronunciation. This is also linked to Japanese vocabulary and word ‘creation’ via the syllables. Yr 7, can you spot/explain the difference between the 3 Japanese alphabets (H__, K___, K___)? Keep up the good work, everyone!

Mark Pascoe
Language Teacher

School Uniform Shop

The Uniform shop is open Tuesdays 8.30-11.30am and Thursdays 1-4.00pm every week.

Parents and carers can contact the Uniform shop on 0434 285 031 or email swansea@daylightcorp.com.

Phone orders are accepted with credit card payment during the opening hours.

Why not come and check out our winter stock. We have two styles of jackets, microfibre trackpants, black stretch pants and black cable scarves.

Thank you,
Jacqueline Bugeja
Uniform Shop Coordinator

HSIE

Term Two is always a very busy time at school with the combination of assessment tasks/assignments being completed and half-yearly examinations undertaken. Students are reminded that these tasks are used as a basis for their reports and they should be aiming to submit responses which are to the best of their ability.

Our Year 9 History students have undertaken the new Australian Curriculum and the overall impression from staff is that the course has slightly improved over the previous one. Year 7 will begin the new course in History starting in Term Three. These changes will continue in 2015 with Years 8 and 10, and in 2016 and 2017, Years 7 to 10 Geography will also adopt the new curriculum.

Mrs Beecham and Mr Jeffrey recently took a group of students to the Rocks in Sydney for an excursion titled “Cesspits and old Rubbish”. They completed an archaeological dig on a site in the rocks which was exciting for the students. The reports from both the students and staff said that it was a rewarding day.

Some of our Year 10 students submitted excellent assignments recently in both History and Geography and should feel proud of their achievements. Unfortunately not all students produced work of the same quality and some students have been issued with “N” award warnings which must be resolved. The guidelines for the new Record of School Achievement (ROSA) are the same as for the old School Certificate. Please also note that family holidays are not considered a ‘misadventure’ from submitting a task. If a student believes they cannot complete a task, they must speak to their teacher or myself before the due date.

Our senior courses are all progressing well and the vast majority of students are engaged in learning at this vital time of their schooling. Time management is important with upcoming assessment tasks and examinations to ensure that each task is given their full attention. HSC students have less than three months until their Trials and only five months until the HSC begins. We are about to enter the home straight.

Regards,
Adam Young
Head Teacher HSIE

15 May 2014

News from L.O.T.E and HSIE
PDHPE

Welcome back to Term 2. Students will be participating in Fitness Testing for the first half of the term. We complete these tests every year with the hope that student’s results are growing as much as they are. It is important, that like every other lesson your child attends, that they are prepared to participate in practical lessons by being correctly attired. Students should be changed out of their school uniform and into their PE uniform; students need to also have appropriate shoes to allow them to participate.

Our senior students are busily continuing with their studies, particularly Year 12 who getting ever closer to the HSC. Students will benefit from making summaries as they go so that they can be studying them rather than spending the time to prepare these summaries later.

SPORT

Well done to all the students who attended the school athletics carnival at the end of Term 1. Eastlakes Zone Athletics will be in Week 6 at Glendale and wish all our students the best. We have had a number of teams participate in Knock Out Competitions including Touch Football, Football, Basketball, Lawn Bowls, Surfing, Table Tennis and Volleyball with more Football and Rugby League teams competing in the next couple of weeks. A big Thank You to all the staff, students and parents who assist with these teams, your support is invaluable and the school genuinely appreciates all that you do.

Congratulations must also go to all our school, Eastlakes Zone, and Hunter Region representatives. Swansea High School has a proud sporting tradition and these students continue to grow this reputation as they are terrific ambassadors for our school. They will be recognised formally at our Achievement Assembly as well.

A reminder that Lake Macquarie is hosting the Children’s Games and there are opportunities for students to compete, volunteer and participate in Opening/Closing Ceremonies so please consider by going onto the Lake Macquarie City Council website.

Any parent who is willing to help with Starstruck supervision please see Lauren Anderson or phone the school on Ph: 49 711 944.

Jacqui Charlton
Relieving Head Teacher PDHPE

MUSIC

Exciting news for the music department. Free vocal masterclass is coming to Swansea HS for a select few people. This will be conducted by local artist and University of Newcastle Music lecturer, Sue Carson. We are the first school to be involved in this workshop to help identify and nurture talent in High Schools with a view to future study in the performing arts. See Mr Rippon about details about this exciting program.

Technology in music

Shortly unveiling Green Room technology to the Music class room. Electric and acoustic electric guitars with barely a sound?? This is the reality for the music room soon with 30 inputs for electric guitar, headphones and individual volume control for each input students will actually be able to hear just themselves and dial in or out other players as they wish. This is due to the purchase last year and this year of 4 Green Room control boxes. With increased clarity in sound students will be more engaged and better able to gain skills quickly. Silent jams are moments away. I’m excited!!!

Mark Rippon
Music Teacher

EXAMS

Year 11 exams starting Monday 19th May – Friday 23rd May
Term 2 and we are into the full swing of things. This term we say hello to our current student teacher, Mr Thomas Johns. He will be with the Science Faculty for 5 weeks, beginning from week 2.

The HSC courses are now deep into their final core topic. In the coming weeks, classes will need to choose which elective they will study. This is a decision that should not be taken lightly. It is usually done with a mixture of student interest and teacher expertise. In previous years, I have had some students upset that they didn’t get to study the elective they really wanted. Unfortunately, we can only study one elective per class, so when the time comes, have a few options ready.

That said, they recent half yearly examinations have given cause for some students to feel very proud about their accomplishments so far and other students may need to develop a regular study routine to go over course concepts. If something seems difficult, now is the time to see your teachers and ask for help in understanding course concepts. There is only 1 and a half terms left in your school life. Time is short. Use it.

Preliminary courses are near the halfway point. Midway examinations begin soon for courses that have them. Remember, although the results of Preliminary courses don’t have an impact on the HSC, your final Preliminary results are printed on your Record of Achievement, so it is wise to do your best at all times, not just save it for the HSC year (although, you should do your best in all your endeavours, not just school).

Year 7 and 9 classes are under the new Australian Curriculum. Although the changes for the Science KLA weren’t that major, there are some differences between the old and new courses. The Science Faculty is looking forward to the new challenges the Australian Curriculum throws up.

We are spending faculty time in 2014 to prepare for Years 8 and 10 in 2015 under the Australian Curriculum. We have been doing an audit of assessment tasks used in the faculty and will be updating the tasks currently used to better reflect the new syllabus.

*Paul Nebauer*
Head Teacher Science
"Hero of the People"

Extraterrestrial life a Titanic question

On the moon Titan you can see some extraordinary things. Or, at least sand dunes on the surface of Titan, the giant moon that orbits the ringed planet, Saturn. Thanks to the Cassini–Hyugens space probe in 2005, we now know that Titan has vast deserts with kilometre-high hills circling the equator, giant lakes near the poles, and in between, eroded landscapes with flowing liquids. Titan is a bit special. It’s the largest moon in the entire solar system. At 5000 kilometres in diameter, it’s bigger than the planet Mercury, a bit smaller than Mars, and about 40 per cent of the diameter of Earth.

Titan is the moon that would be a planet.

Most of the planets and moons in our solar system have an atmosphere that is either enormous or microscopic, either millions of times thicker than our earthly atmosphere, or millions of times thinner. But the atmosphere of Titan is surprisingly close to Earth’s atmosphere - only about 1.5 times thicker. And the composition of Titan’s atmosphere is amazingly close to ours as well. Our earthly atmosphere is about 80 per cent nitrogen and 20 per cent oxygen. Titan’s is about 95 per cent nitrogen and five per cent methane.

The sunlight that falls on Titan is about one per cent of the strength of our sunlight, because Titan is so far from the sun. So the temperature is very cold, around -180°C. At this temperature, methane, the stuff you burn in your gas stove at home, can exist as a gas, a liquid and a solid. It sounds just like the situation here on Earth where, thanks to the ‘lucky’ temperature, water can exist as a gas, a liquid and as the solid that we call ice.

On Titan, methane does the job that water does on Earth. Methane evaporates from the methane lakes near the poles and floats as methane clouds and then drops as methane rain. This methane rain carves out river beds and valleys in the surface of Titan, and then flows back into the methane lakes. The shorelines on Titan look like those we see here on Earth.

The climate sounds similar, but there’s a major difference between Earth and Titan. On Earth, the energy from the nearby Sun will evaporate about one metre of water from the ocean each year. But the Earth’s atmosphere will hold only a few centimetres worth of water before the water turns into clouds and rain. So on Earth, we have a couple of centimetres of water every week or so, dropping as rain out of the atmosphere.

On Titan, the much weaker energy from the distant Sun will evaporate only about a single centimetre of methane each year. But the atmosphere is a giant sponge - it can hold about 10 metres of methane. So on Titan, it’s a long time between rains, but when it comes, it’s huge.

On Titan, water does the job that rocks do here on Earth. Frozen water-ice under the surface behaves like rock, and brings the overall density of Titan down to about 1.9 times the density of water. We think that Titan has a core of rock and iron, which is surrounded by water-ice compressed to very high pressure. This ice is, in turn, surrounded by an ocean of water and ammonia, which is then covered with water-ice.

And finally we get to the surface, and above that, the atmosphere that is hauntingly similar to that on Earth. But does that mean there is life on Titan?

For life, you need three things - the raw materials, a way to shift them around and a power supply. On Titan, we do have the right raw materials - hydrocarbons of many types.

It also seems as though we have the right states of matter - solid, liquid, and gas. So the raw materials are not locked away in the ground, but move freely around the surface of the planet and below the surface and above it.

But what about an energy supply?

The problem is that the Sun is so far away, that the solar energy is weak. But it turns out that the radiation from Saturn is huge - powerful enough to kill an unprotected human in minutes. This radiation could be a fine energy source to kick chemical reactions along, and maybe life as well.

Is there life on Titan? We don’t know.

But we do know, thanks to the Cassini orbiter and the Huygens lander, that there are sand dunes on Titan. The sand dunes are located both north and south of the equator of Titan. They run for tens, or hundreds, of kilometres in unbroken stretches. There’s one stretch of 1500 kilometres. The individual sand dunes on Titan are up to 100 metres high and a few kilometres apart.

And would you believe it, these are the same dimensions that you find in the sand dunes in the Namib Sand Sea of Africa, and
in the Sahara Desert. The sand dunes of Titan seem to be formed by the same mechanisms that gave us sand dunes on Earth. But while the physics of Titan's sand dunes is the same as here on Earth, the raw materials are different, because of the much lower temperature.

So is the 'sand' made of silica, like on Earth? Nope! It's made of various hydrocarbons. Just think of coffee grounds and you'll be pretty close. But if you want sand dunes, you need ground. It turns out that the wind on Titan is not very fast, about three to six kilometres per hour. But that is fast enough to move the 'sand', thanks to Titan's lower gravity and slightly thicker atmosphere. Theory tells us that the grains of this hydrocarbon sand have to be in the range of 0.18–0.25 millimetres in diameter - about two to three times the diameter of a human hair. If they were larger and heavier, the wind could not lift them. If they were smaller, they would clump together. But in that size range of two-or-three human hairs, they can get carried by the wind in a bouncing process called saltation. And that process will give us sand dunes. Give them enough time, and different winds will give you different shapes of sand dunes.

On Earth, if the winds come onto a sand field from all different directions, you get star dunes, shaped like a star with radiating arms. But suppose that the wind comes consistently from one single direction (say, the west). In this case, the sand dune that is formed runs at right angles to that direction (say, north–south). However, suppose that on average the wind comes from one direction (say, the west), but spends most of time varying a little to two or three times the diameter of a human hair. If they were larger and heavier, the wind could not lift them. If they were smaller, they would clump together. But in that size range of two-or-three human hairs, they can get carried by the wind in a bouncing process called saltation. And that process will give us sand dunes. Give them enough time, and different winds will give you different shapes of sand dunes.

You see this pattern in Australia - the wind comes from the Indian Ocean over the top half of Australia and heads east. But once it gets just past the centre of Australia, it chucks its first lefthie over the Simpson Desert, and then after a few hundred kilometres another lefthie, and heads back out to the Indian Ocean, over the top half of Australia. It's a big horseshoe over the continent of Australia. If you look at a map of Australia that shows the orientation of the sand dunes, you’ll see that they’re lined up in this horseshoe shape following the average prevailing winds.

According to the scientists, that’s why the sand dunes of Titan run in parallel lines from the west to the east. Because, on average, the wind on Titan at the equator runs from the west to the east, with a bit of variation to each side. But I wonder if it will be our children, or our grand-children, or our great-grand-children, who will be the first to build castles out of the sand?

Paul Nebauer  
HT Science

News continued from Science and Chaplain  
15 May 2014

Young people are weird and wonderful creatures. They don’t often understand themselves let alone anyone else, and when it comes to adults understanding them well that’s a whole other story. It’s certainly nothing new and if you’re concerned that young people today are getting worse, then don’t stress too much. In 400 BC Socrates said:

“Our youth now love luxury. They have bad manners, contempt for authority; they show disrespect for their elders and love chatter in place of exercise; they no longer rise when elders enter the room; they contradict their parents, chatter before company; gobble up their food and tyrannize their teachers.”

Teenagers are in a crucial stage of life - here are just a few important facts to think about in relation to the teenage brain: The teenage brain is in a critical period of development. The last part of the brain to fully connect up—well past the teenage years—is the frontal lobe, which houses judgment, insight, dampening of emotions and impulse control. The brakes come online somewhat later than the accelerator of the brain,” said Johnson. At the same time, “teens need higher doses of risk to feel the same amount of rush adults do,” Johnson said.

Taken together, these changes may make teens vulnerable to engaging in risky behaviours, such as trying drugs, getting into fights or jumping into unsafe water. By late adolescence, say 17 years old and after, the part of the brain responsible for impulse control and long-term perspective taking is thought to help them reign in some of the behaviour they were tempted by in middle adolescence.

All of these factors make it crucial for creating positive environments and communities which engage young people in strategic and meaningful ways, to ensure they have the best chance at discovering who they are and where they fit in life. According to Gregg Braden, all human beings (including teens) go through life addressing 3 Universal Fears which can also be represented by these 3 questions.

1. Am I loved? (Fear of not being loved)
2. Am I enough? (Fear of being found out)
3. Do I belong? (Fear of abandonment)

The first universal fear underpins all fears as it is directly related to ‘self-worth’, which comes from our survival instinct and the need for love and connection.

The second fear is that we will be found out to be an imposter, a fake, a phoney. This is what often drives teenagers to compare themselves to others. Teens are very quick to compare and judge their worth based on looks, labels, brands, clothes, how much money their family has and any number of other external factors. This just increases the anxiety of not being enough because when we compare ourselves to anyone else, we’re always comparing the worst we see in ourselves to our best ‘impression’ of other.

The third fear, or the need to belong, comes from the fear of being abandoned. We all have this need to belong, especially teens in the formative years of life. The need to be accepted as part of a tribe or group, to have a family we can feel that we belong to and we have similarities and commonalities. As trusted adults in the world of teenagers, it’s not just enough for us to understand these 3 Universal Fears, but in understanding that they exist in every young person we can
know that a lot of their behaviours can be directly linked to one of these 3 fears. 
So think for a moment about your young person. They may have been displaying some negative behaviour. Could it be that their behaviour was a cry for help and a reaction to fear? Which of the 3 Universal Fears do you think this young person may have been reacting out of? How could you respond to the young person in a way that helps them feel - Loved, Enough or that they Belong?" 

So may you be a parent, carer, teacher, or trusted adult that creates the type of environment where your young person can thrive, knowing that they are loved, that they are enough, and that they belong. 

God bless, James 

James Norman
CHAPLAIN - SWANSEA HIGH SCHOOL
Community Activities Lake Macquarie Inc. (CALM)
Working to Make Lives Better
Office Hours: Mon 9am-2pm; Tues 9am-10am, 11am-1:30pm; Thurs 8am-9am, 10am-12pm

Disclaimer
The views expressed herein do not necessarily represent the views of the Australian Government Department of Education, Employment and Workplace Relations.

Acknowledgement
This project was funded by the Australian Government Department of Education, Employment and Workplace Relations under the National School Chaplaincy and Student Welfare Program.

More Information
For more information on the National School Chaplaincy and Student Welfare Program, please visit the website at: http://deewr.gov.au/national-school-chaplaincy-and-student-welfare-program

CALENDAR

| Mon | 19 May | SC Rams Win 1st Round - Yr 7 Injury Gymnastics 1st Round | T&A
| Tue | 20 May | Birthday Gymnastics - Yr 9 Basketball | Harris

| Wed | 21 May | Year 12 Reports issued | Harris
| Thu | 22 May | Newcastle Schools | Harris

| Fri | 23 May | HSC Chemistry Assessment Task 3 | Harris
| Wed | 26 May | Sport Excursion to Swansea Library Gym | Harris
| Thu | 27 May | Year 12 Reports issued | Harris
| Fri | 28 May | Year 12 Reports issued | Harris

| Mon | 1 Jun | Year 12 Reports issued | Harris
| Tue | 2 Jun | Year 12 Reports issued | Harris
| Wed | 3 Jun | Year 12 Reports issued | Harris
| Thu | 4 Jun | Year 12 Reports issued | Harris
| Fri | 5 Jun | Year 12 Reports issued | Harris

| Mon | 9 Jun | Year 12 Reports issued | Harris
| Tue | 10 Jun | Year 12 Reports issued | Harris
| Wed | 11 Jun | Year 12 Reports issued | Harris
| Thu | 12 Jun | Year 12 Reports issued | Harris
| Fri | 13 Jun | Year 12 Reports issued | Harris

| Mon | 16 Jun | Year 12 Reports issued | Harris
| Tue | 17 Jun | Year 12 Reports issued | Harris
| Wed | 18 Jun | Year 12 Reports issued | Harris
| Thu | 19 Jun | Year 12 Reports issued | Harris
| Fri | 20 Jun | Year 12 Reports issued | Harris
KIP MCGRATH EDUCATION CENTRE

Is your son or daughter struggling with Maths, English, Spelling, Reading, Comprehension or Essay Writing? My name is Sue Felsinger and I run the Kip McGrath centre at Belmont and I have helped hundreds of students achieve their goals. I would be delighted to offer you a FREE assessment to see where I can assist your child. My programs help students overcome learning obstacles by giving them a much needed boost of confidence. I provide a caring and stimulating environment that makes learning fun and effective.

Please give me a call on 4945 4112 to arrange your FREE assessment.

AWABA WASTE MANAGEMENT FACILITY

Awaba Community Recycling Centre

The newly established Awaba Community Recycling Centre is now open to make it easy to drop off household problem waste for free and at a time that is convenient for you. Household quantities of the following items will be accepted for free:

• Paint – Oil and Water based
• Gas Bottles
• Fire Extinguishers
• Electronic Waste
• Fluoro Globes and tubes
• Car Batteries
• Household Batteries
• Polystyrene
• Motor Oils
• Other Oils
• Smoke Detectors

The recycling centre is located at the Awaba Waste Management Facility, 367 Wilton Road, Awaba. Opening hours are 8am – 4pm every day (except Christmas Day). For more information call the Environment Line on 131 555, contact Council on 4921 0333 or visit www.epa.nsw.gov.au/recyclingcentres
SOUTHERN CROSS CULTURAL EXCHANGE

HAVE FUN, MAKE NEW FRIENDS, AND LEARN ABOUT ANOTHER CULTURE!

Volunteer to host an international high school student arriving into Australia in July 2014, and you’ll be amazed at the way this unique and rewarding opportunity helps your family to become closer, to understand themselves better and to see the world in a new light. Carefully selected students will arrive in July for their 3, 5, or 10 month programs from France, Germany, Italy, Sweden, Norway, Denmark, Finland, Spain and Colombia. They will live as a local, attend a local secondary school, arrive with their own spending money, and comprehensive insurance cover, all arranged by Southern Cross Cultural Exchange. You choose the nationality, the gender, the duration and the interests of the student that you feel is the best match for your family. Visit us at www.scce.com.au, email scceaust@scce.com.au or call us toll free on 1800 500 501, request our international student profiles, and capture the spirit of family and friendship!

ROTARY

ROTARY AUSTRALIA & NEW ZEALAND STUDENT EXCHANGE 2015 PROGRAM EXPRESSIONS OF INTEREST OPEN

This program is designed for 14-16 year old students (in Year 8, 9 or 10 in 2015) to experience a true ‘exchange’ with a family in New Zealand. Local Students are matched with a New Zealand student and the New Zealand student will attend school in Australia during Term 2, 2015. Both students then return to New Zealand and attend school there for Term 3, 2015. The students’ family hosts the NZ student and includes them in their normal family life. This is an exciting way to experience another culture with the support of Rotary.

More information and expression of interest forms can be found at www.ranzse.org.

Expressions of interest close 30 June 2014
**Tips for Parents**

**Study help for high school**

It’s often quite difficult for parents to assist their children with their high school homework and study. Even if we have professional experience in the subject area, children tend to find it difficult to take parental advice when it comes to school. (Don’t feel bad, teachers’ own children do exactly the same thing.)

[www.khanacademy.org](http://www.khanacademy.org) is an excellent, not-for-profit website which may help your child study and revise tricky concepts in science, maths and the humanities.

**Teenager’s seeking more independence**

Knowing how much freedom and responsibility to give your teenager is difficult, especially if they’re your eldest or only child. To become capable adults, teenagers need to learn to make good decisions on their own and have opportunities to show you they can. The Raising Children Network website has a wealth of expert information and guidance for parents of teens and younger children. If your child is testing the boundaries and pushing for more independence, you may find the article ‘Shifting responsibility to your child’ worth reading. Go to [www.bit.ly/1jCxKhe](http://www.bit.ly/1jCxKhe).

**Too sick for school?**

As the cold weather hits, so do the winter bugs. It’s often hard to know whether to send your child to school or let them stay home to recover, especially when that means an adult cancelling work. For safety’s sake, if your child seems unwell you should always keep them home from school and seek medical advice.

School A to Z and the NSW Health have created an at-a-glance chart to help answer your questions about common childhood illness and how long sick kids need to miss school. Find it by typing this link into your web browser [www.bit.ly/1Hytn2E](http://www.bit.ly/1Hytn2E).

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